

TUCKSHOP MENU 2023

OPEN MONDAY, TUESDAY, WEDNESDAY, THURSDAY & FRIDAY

SALADS	PRICE
Salad tub	\$4.00
Ham or Chicken salad tub	\$4.50
Fruit salad tub	\$4.00
Egg & Salad tub	\$4.50

SANDWICHES	PRICE
Vegemite	\$2.00
Egg & Lettuce	\$3.50
Salad (lettuce/tomato/cucumber/carrot/beetroot)	\$3.50
Ham or chicken & salad	\$4.00
Ham or chicken & cheese	\$3.00
Cheese & tomato	\$3.00
Chicken wraps	\$5.00
EXTRAS	
Roll	\$0.50
Toasted	\$0.50
Cheese	\$0.50

DRINKS	PRICE
Poppers (juice)	\$2.50
Cold water	\$2.00
GLEE – (High school only)	\$3.00
Breaka (choc, straw)	\$3.00

HOT FOOD	PRICE
Pizza (home style)	\$3.00
Fried Rice	\$5.00
Lasagna	\$5.00
Noodles	\$2.50
Macaroni Cheese	\$5.00
Hot dogs with sauce	\$4.00
Mini party pies (each)	\$1.00
Sausage rolls	\$3.50
Chicken Burger	\$5.50
Vegie burgers	\$5.50
Hot chicken roll (mayonnaise or gravy)	\$5.00
Toasted hot pocket wrap (with spinach, ham, cheese & tomato)	\$4.50
Cheeseburger	\$5.00
Crumbed chicken sub with mayo	\$4.50

SNACKS	PRICE
Seasonal fruit (eg apple/mandarin etc)	\$1.00
Banana Bread	\$2.00
Sliced cheese and rice crackers	\$2.50
Boiled egg	\$0.50
Yoghurt pouches	\$2.50
Ice blocks	\$1.00
Popcorn	\$1.00
Mini muffins	\$1.50
Twisted Frozen Yoghurt Strawberry&Vanilla/Mango&Watermelon	\$2.50
Cookies	\$2.00
Red Rock Deli Chips	\$2.50



TUCKSHOP ORDERING

TUCKSHOP STARTING MONDAY 23RD JANUARY 2023

OPEN MONDAY, TUESDAY, WEDNESDAY, THURSDAY & FRIDAY

Our Online Canteen

Our online Canteen is an online ordering system that is a safe and convenient way to order school meals.

How to get started: If you are not already registered with Our Online Canteen

- Visit www.parklands.qld.edu.au/tuck-shop/
- Sign up by completing the registration form
- Receive a confirmation email with an activation link
- Login to the website
- Add your children and credit to the account

PRIMARY PROCEDURE

Online ordering should be utilised for all Primary tuckshop orders. The existing distribution arrangement will continue, whereby orders will be prepared, collected and then distributed by staff in the Primary undercover area. Please submit orders prior to 8:30am.

SECONDARY PROCEDURE

Food can be ordered either online or over the counter. Online orders must be placed prior to 8:30am. EFTPOS is available for over the counter purchases.

PARENT VOLUNTEERS

We are so appreciative of Mrs Marie Rushin and Mrs Anita Sprange, who have run our tuckshop for so long, and continue to do so. With our tuckshop service offered comes the need for volunteers to help make this work. We would love to have parents involved with serving our College in this way. If you are interested, please contact Marie at tuckshop@parklands.qld.edu.au with your availability and contact details to create an initial roster.